

## **BLRC Backline Plays**

### **Head**

FH and IC run a switch line OC runs an angle to the gap between the 2<sup>nd</sup> and 3<sup>rd</sup> defender. BSW takes the gap outside the 3<sup>rd</sup> defender

### **Nose**

IC and OC run a switch line FB runs an angle to the gap between the 3<sup>rd</sup> and 4<sup>th</sup> defender. BSW supports from inside

### **Neck**

IC lines up wide with OC. FH and IC run a 45 degree angle wide. FH and OC run a switch line, FB runs to gap between FH and IC

### **SWAP**

OC lines up flat to FH and runs first directly towards the FH as if to get a tight pop. IC flares wide and gets the ball behind the OC.

### **T-Bird 1**

From a scrum FH runs an S line out and the in to run a swap with the BSW. BSW takes the outside line

### **T-Bird 2**

From a 5 man Lineout, forwards packed towards touchline. BSW takes pass directly from SH and takes gap inside forwards and defensive FH

### **T-Bird 3**

From a 5 man Lineout, forwards packed towards touchline. SH passes to FH, BSW runs an inside support line off the FH.